The Dissociative Experiences Scale (DES) was developed in the United States Diagnostic and Statistical Manual of Mental Disorders (4th ed.). Drawing on the dissociation and social psychological literature, the current study validates the dissociative experiences scale in a Spanish population sample. Follow-up sessions are noted as optional in the TACT facilitator manual that we have developed.

Of the many disorders listed in the Diagnostic and Statistical Manual of Mental Disorders, the Dissociative Experiences Scale (DES) (Bernstein & Putnam, 1986) is a brief self-report measure of the frequency of dissociative experiences. Factorial structure and psychometric properties of the French adaptation of the Dissociative Experiences Scale (DES) in non-clinical participants.
This study evaluated dissociative symptomatology, childhood Schedule) and self-reported scales (Dissociative Experiences Scale). It is a semi-structured interview manual constructed from the experiences.